Super Bowl III

Howard Weissman

Though the championship game between the Patriots and the Falcons was, in fact, the 51st playing of the Super Bowl,

it was the third year NCADA used the local broadcast of the game to air provocative opioid-themed commercials. (*Two* this year.) Though they were, in fact, announcements that provided a service to the public, they were not, in the technical sense, Public Service Announcements.

PSAs are aired for free; the station or network gives away commercial time to serve the greater good, not to sell things like Bud Light, Skittles or Chevrolets. Stations tend to give away unsold commercial time late at night, early in the morning or during local programming.

The Super Bowl is the most watched television program of the year. Nationally and locally, commercial time for the Super Bowl is at a premium and there is no such thing as a PSA run during the game. If you want to show your ad during the Super Bowl, you've got to pay for play.

As a small community health agency, NCADA did not have the resources to buy commercial time. To get it done, we needed help. A LOT of help. And this year, the commercial time was sponsored by the DEA and their DEA 360 Strategy.

Jim Shroba, the Special Agent in Charge of the DEA St. Louis office said, "There is an unprecedented prescription opioid epidemic in this nation. To combat this, the NCADA and DEA have joined forces to educate the community. When Howard called to tell me about the concept for the Super Bowl ads, I jumped at the chance to support NCADA on this effort. It was a great way to reach so many people—on the one night of the year they were actually watching TV for the commercials!"



The two ads address the importance of securing prescription drugs and discarding unneeded medications. You can view them on our website or at ThePlaceToTurn.com.

To understand why the Drug Enforcement Administration would partner with an agency like ours, it's important to understand the DEA 360 Strategy. In addition to interdiction and diversion control, it involves changing attitudes through community outreach and

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partnership with local organizations to "equip and empower communities with the tools to fight the heroin and prescription drug epidemic."

The response to the ads was immediate and, for the first time, almost unanimously positive.

For the third year in a row the ads were produced by Mark Schupp and directed by Scott Ferguson. And for the third year in a row, both men provided their talents pro bono. There were production costs, to be sure, so we are grateful for the support of those who helped fund the making of these ads—most especially, the Missouri Foundation for Health, a steady and quiet supporter for many years.

The ads did what they were designed to do: they made people lock up or destroy their medications. We received more requests for drug disposal pouches in the one day after the Super Bowl than we had during the previous 18 months. The ads were seen, they generated conversation and discussion and, most importantly, they incited change.

DIRECTOR'S COMMENTARY

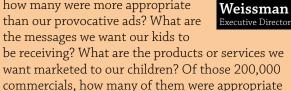
Inappropriate Advertising

hough we didn't receive much criticism for our Super Bowl

we did receive a couple of comments like this one: "Great, now I've got to explain to my adopted sevenyear-old why Sarah is dead. Thanks a

lot. Very inappropriate."

Of course I, and most of the other 1.2 million viewers, felt differently. But it raises the question: What is appropriate to show our children? And what is an appropriate commercial to watch with a seven-yearold? The average American sevenyear-old has seen around 200,000 commercials, and of those 200,000, how many were more appropriate than our provocative ads? What are



commercials, how many of them were appropriate in the sense of making children's lives better or urging them to make healthier choices?

The average seven-yearold has seen around 200,000 commercials

If you're a kid watching only kid shows, you're being bombarded with TV ads for Skittles, Coke. Doritos and McDonald's. Is that appropriate? Is it appropriate that, for kids, Ronald McDonald is the second-most recognizable fictional character (edged out only by Santa Claus), and that children can recognize McDonald's by the yellow arches long before they can read?

Howard

ast year, companies spent more than \$72 billion on TV advertising. It's a lot of money, but large corporations know that after watching the talking gecko a few dozen times, there's a pretty good chance you'll think of Geico when you're shopping for car insurance. And if you're searching for an affordable car, there's a pretty good chance you'll think of Chevrolet or Toyota if

you see enough of them TV. A truck? Probably Ford or Ram. A luxury car? The folks at Jaguar hope you'll think of them...and that you'll remember that the British pronounce it, "Jag-You-Are."

I suppose as adults, we're all fair game for advertisers. We live in a market-driven economy that encourages consumption and competition, and we're able to make free choices about how to spend our money or what to put in our bodies. But kids are not only more impressionable, they're more vulnerable to the overt and covert messages found in TV commercials, and one would hope we'd try to insulate them from some of the most legitimately inappropriate messaging.

In recognition of the power of advertising, certain products do have limits on when, where and how they can be marketed. Cigarettes and tobacco products are now banned from TV, and the beer and spirits industry is limited by a set of rules that was codified in the 1990s. Some of their limitations state that "beverage alcohol advertising and marketing materials should not depict a child or portray objects, images or cartoon figures that primarily appeal to persons below the legal purchase age."

That makes sense. Unfortunately, in the alcohol industry, the people who sell the liquor write the rules; they're both self-imposed and voluntary. The beer and spirits industry, in other words, polices itself.

So returning to the unhappy mother who found our ad inappropriate: Was she okay with the ad for Bud Light that brought back the ghost of Spuds MacKenzie, an adorable bull terrier who helped build the Bud Light brand? Though Anheuser-Busch denied marketing beer to children, they didn't complain when, in the 1980s, store shelves were stocked with Spuds plush toys, Spuds lunchboxes, wristwatches, kiddie tennis shoes or, absurdly, Spuds-branded onesies.

And while that one unhappy mother didn't like our ad, was she was okay with the ad from Yellow Tail wine that showed a friendly, anthropomorphized kangaroo flipping burgers on the grill or mingling at a party with a glass of buttery Chardonnay? Was THAT appropriate for her seven-year-old?

In the taxonomic hierarchy, kangaroos are not close to camels in terms of species, genus, family, order, class or phylum. But that Yellow Tail kangaroo was perilously close to Joe Camel, the now-banned cartoon character that helped hook countless kids on a cigarette brand.

> THESE ads are not appropriate for children, and leaving an industry to police itself is, apparently, like leaving the fox to guard the henhouse.

But of all the ads that are, to use that unhappy mother's word again, inappropriate, the worst offenders—and the ads that most need to be banned—all include these three words:

"Ask your doctor."

America

remains one

of only two

countries

that advertise

prescription

drugs to

consumers

These three words are found in ads for prescription drugs. Products you cannot buy, and products that, unless you went to medical school, completed a residency, and spent time treating patients, you are not qualified to evaluate. It is insanity that America remains one of only two countries on earth that permits drug companies to advertise prescription drugs directly to consumers.

The U.S. is less than 5% of the world's population, yet we consume nearly 80% of all drugs. This has not led to longer life expectancy (the U.S. ranks 43rd), but all day and all night we are bombarded with messages that a pill will cure what ails us. Drug companies have solutions to problems we don't even know we have. From restless leg syndrome to toenail fungus, there's a pill for it. Men can take pills for hardening arteries, softening penises, thickening blood or thinning hair. There are pills for an alphabet soup of conditions that we didn't even

realize existed until 20 years ago: IBS, COPD, LowT, ED. We are deluged with ads about drugs for plaque psoriasis, rheumatoid arthritis, diabetic nerve damage and a bunch of other conditions for which we, as patients, should NOT be treating ourselves.

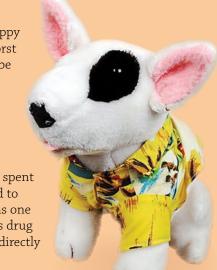
Advertising prescription drugs normalizes and increases the use of pills as a first response to discomfort or dis-ease. Advertising prescription drugs helps inflate their efficacy and usefulness and, insidiously, it makes us more likely to demand prescription drugs from our doctors when overthe-counter medication will do just as well. This is, in part, why we come home from the dentist with Vicodin, when Tylenol will do just as well. This is, in other words, a partial explanation of how the opioid epidemic spread so far and so fast. The public believes that, if the doctor prescribes it,

it's safe, and it's not just effective it's MORE effective than the stuff that's been around for years and doesn't need a prescription.

ow do we turn this around? In part, we need to have honest conversations. Between pharmaceutical companies and doctors. Between doctors and their patients. Between parents and their children. So, though the intention of our ads was not to anger people like the mother who contacted me, I commend her willingness to speak with her child, and not simply dismiss the opportunity we offered to her...and 1.2 million other viewers. Last year, NCADA educated over 76,000 children in schools, at leadership retreats, and through our counseling program. If you need a hand in speaking with your child about substances and the proper use of medications, we are, once again, the place to turn.

And if you want to remove the truly inappropriate commercials from TV, remove ads for prescription drugs. Please: stop forcing me to look at those two matching bathtubs. If you're bathing outside, you should be spending your money on indoor plumbing, not Cialis. 🖘

hweissman@ncada-stl.org



visit ncada-stl.org, or contact Jeanne

For event information and registration

CALENDAR

Cordingley at jcordingley@ncada-stl.org, or (314) 962-3456 x304 (unless otherwise noted in the event listina).

March 24: Youth Mental Health First Aid Training

8:30 AM - 5:00 PM: NCADA, 9355 Olive Blvd.

March 31: SOS: Signs of Suicide Training 9:00 AM - 11:00 AM; NCADA, 9355 Olive Blvd.

April 7: Drug Impairment in Youth: **Recognizing the Signs**

9:00 AM - 11:30 AM; NCADA, 9355 Olive Blvd.

APRIL 8 & 9

NCADA is a charity partner for the 2017

GO! St. Louis - Marathon Weekend MARATHON · HALF · MARATHON RELAY • 7K · 5K

Register at: GoStLouis.enmotive.com

To receive your special TEAM NCADA instructions and registration discount code, contact Sarah Roberts at sroberts@ncada-stl.org or (314) 962-3456, ext. 372.

April 14: Youth Mental Health First Aid Training

9:15 AM - 5:45 PM; Jefferson County Library, Arnold Branch, 1701 Missouri State Rd., Arnold, MO 63010

April 21: Spring Awards Luncheon

12:00 PM - 2:00 PM; Saint Louis University-Singuefield Stateroom, 221 N. Grand Blvd., 63103 (See story p. 4)

April 28: Addressing Opioid Overdose: Perspectives from the Field

8:00 AM - 5:00 PM; Clayton Plaza Hotel, 7750 Carondelet Ave., 63105

June 6-9: Teen Institute

Sojourn Retreat Center (See story, p. 5)

June 21: Ethics – A Matter of Perspective 8:30 AM - 12:00 PM; NCADA 9355 Olive Blvd.



Apr. 12 – Shaina Sowles: Health Risk Behavior on Social Media: Marijuana

May 10 – Michelle Roberts: Applying Health Literacy Principles and Practices in a Substance Use and Treatment Context

Jun. 14 – Kelly Schultz: The Impact of Parental Substance Use on Missouri Foster Care Children

The Coalition on Addictions (COA) meets the second Wednesday of each month from noon – 1:00 at NCADA, 9355 Olive Blvd. in Olivette. No RSVP is required. Lunch is provided free of charge; a CEU for one contact hour is \$5.00. COA is a service of NCADA and the Community Academic Partnership on Addictions. (CAPA is an affiliate organization of Brown School at Washington University in St. Louis.)

NCADA Awards Luncheon— April 21 at Saint Louis University

Annual Event Honors Exemplary Service to the Field of Substance Use Disorders

This year's Awards Luncheon celebrates four colleagues – "unsung heroes" – for their important work in substance misuse prevention around our region. We also welcome as Keynote Speaker the accomplished stage, screen, and television actor, Richard Kind (see sidebar).

Our Community Service Award will be presented to St. Louis County Councilman Dr. Sam Page and St. Louis County Director of Public Health Dr. Faisal Khan for their innovation and leadership. Drs. Page and Khan worked to combat the gridlock in Jefferson City by creating and implementing the first municipal

Friday, April 21, 2017 • Noon to 2:00 PM (Doors open 11:30)

Saint Louis University Sinquefield Stateroom

Register by April 14 at ncada-stl.org

Prescription Drug Monitoring Program (PDMP) in the United States.

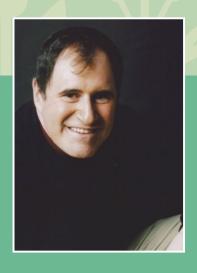
Our Gateway Award will be presented to Jim Shroba, Special Agent in Charge of the DEA in St. Louis. Thanks to Jim, the DEA 360 Strategy partnered with NCA-DA in several significant ways, including purchasing the airtime for our two opioid-themed Super Bowl ads.

The Bronze Key goes to Marilyn Bader, who served NCADA as a classroom prevention educator and training coordinator for almost three decades until her retirement in 2016. Over this period, Marilyn helped thousands of students develop the knowl-

edge and personal resilience necessary to avoid substance use, while also training and mentoring dozens of NCADA prevention educators. She leaves an enduring legacy of excellence.

Finally, this year's Tasch-Kopolow Scholarship for Addiction Studies will be awarded to Josh Gibson, an outstanding scholar who will graduate in May from Washington University's Brown School of Social Work. Josh is an active duty veteran who used his practicum hours at Veterans Affairs to work with other vets impacted by substance use disorder. Passionate and dedicated, after graduation he plans to continue his efforts at the VA.

The Luncheon is open to the public. The cost is \$35 per person or \$245 for a table of eight. Seating is limited, so early reservations are strongly advised. For more information, call Angie Yarbrough at (314) 962-3456 x327.



Keynote Speaker Richard Kind

Richard Kind may not be a household name, but the face and voice of this veteran character actor spark instant recognition.

Through a career of more than 30 years, his credits in film, television and theatre are extensive. On television, these include *Mad About You*, *Spin City*, *Gotham*, and *Curb Your Enthusiasm*.

Richard has starred on-stage in New York, Hollywood and London in such shows as *Dirty Rotten Scoundrels*, *The Producers*, and *Guys and Dolls*. He holds a Drama Desk Award and a Tony nomination for the hit Broadway play, *The Big Knife*.

Richard's film work includes *Argo, Hereafter*, and *A Serious Man*. His distinctive voice brought warmth and wit to *Inside Out, A Bug's Life, Cars, Toy Story 3*, and other animated features. He is an alumnus of Chicago's Second City theatre company.

LEGISLATIVE UPDATE

Brandon Costerison

There are several exciting, though possibly concerning, bills in the Missouri General Assembly that bear watching. Some special items to track:

Powdered Alcohol: HB 29 would bring powdered alcohol (palcohol) under the same controls as liquid alcohol. This is an important step in regulating one of the most misused drugs available.

Prescription Drug Monitoring Programs: There are currently at least five prescription drug monitoring program proposals in the Missouri General Assembly. Some are better than others, but this demonstrates a broad interest in working to eliminate doctor shopping, and bringing Missouri in line with the rest of the nation by implementing this common sense reform.



On Monday, Feb. 6, NCADA followed up its Super Bowl ads by hosting a press conference dealing with substance misuse. *From left:* County Exec. Steve Stenger, Rep. Cora Faith Walker, Tim Lohmar (Pros. Atty., St. Chas. Co.), Jim Shroba (DEA).

911 Good Samaritan Law: This bill would provide limited immunity for anyone who calls 911 in a medical emergency related to drugs or alcohol. This is an important step in addressing the opioid epidemic, but also helpful in reducing the worst harms of youthful binge drinking.

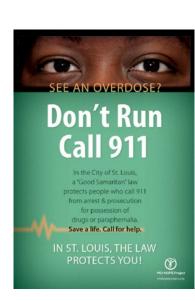
Marijuana: There are several bills that are various schemes for legalizing marijuana – and which definitely warrant concern. Some go so far as to allow for complete legalization and commercialization. These bills must be watched carefully.

For an up-to-date list of NCADA's legislative priorities and to find out how to contact your elected officials, please visit www.ncada-stl. org.

New Mass Transit Advertisements

As part of the MO-HOPE collaboration with the Missouri Department of Mental Health, and the Missouri Institute for Mental Health at the University of Missouri–St. Louis, NCADA has developed a series of mass transits ads that can be seen throughout the City of St. Louis.

The goal is to encourage people to call 911 if they witness an overdose, and to let them know they won't be arrested or prosecuted for trying to save a life.





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Let's face it: Teens get a bad rap. Their voices often get drowned out by news stories about the latest teenager who made a "bad" choice. But here at NCADA, we believe teenagers are pretty awesome. And we know that every teenager has a unique voice; some soft, some loud, some assertive, others gentle. Regardless of the tone

and style, every teen possesses the ability to influence those around them.

This year's Teen Institute – our 38th annual – challenges participants to Find Their Voice, and gives those teens who want to make a positive impact a chance to be heard.

This life-changing retreat takes place on June 6-9 in Dittmer, MO. Teens from across our seven-county region will come together to learn about the impact of alcohol, tobacco and other drugs and develop the skills to use this knowledge effectively in their schools.

Not only will teens learn something, but they'll have a blast doing it. Evening activities such as square dancing (way more fun than it probably sounds) and karaoke will keep teens engaged and help them forge new friendships. At the end of TI, participants will leave with skills needed to create powerful, lasting change for themselves, their schools, and their communities.

If you know a teen currently in 9th, 10th or 11th grade who is interested in Finding Their Voice, please visit stlteeninstitute.org; or contact Joy Carter or Kim Sherony at 314.962.3456. Space is limited – applications are accepted on a first-come, first-served basis.

4 NCADA KEY



hen it comes to donating to worthy local causes, the St. Louis community is hard to beat. Each year, thousands of St. Louisans participate in Give STL Day to support their favorite charities, including NCADA. We are once again a charity partner of the St. Louis Community Foundation for this special online giving campaign, set for Thursday, May 11.

If you can't participate on May 11, the contributions site will be open for the prior two weeks – but all gifts made on the 11th qualify us for additional funding from the Community Foundation!

Please support our many worthwhile programs on Give STL Day. Visit givestlday.org, "Find a Nonprofit" to locate NCADA.

Kristin Bengtson Manager of Community Strategy

After graduating from Missouri State with a degree in anthropology, and minors in sociology and linguistics, I started volunteering for the Rockwood Drug-Free Coalition. Part of my train-



ing included Substance Abuse Prevention Skills Training (SAPST). It was during that training when I discovered some profound connections between my educational background in anthropology and the field of prevention work. For example, both fields require a look beneath the surface to understand why people are engaging in (let alone how to prevent) their behaviors. When a position in community prevention opened at NCADA, I knew it would be a perfect fit.

What I love about working at NCADA is the same thing I loved about studying anthropology: it requires many different things from me. I provide knowledge and guidance regarding prevention science and best practices to community coalitions, and in turn, coalitions are better equipped to determine their own, tailored solutions to address the local conditions of their communities.

SAVE

NCADA Golf Tournament

AUGUST 7 • THE COUNTRY CLUB OF ST. ALBANS

T H E

This means I've had to gain a working knowledge of all things related to alcohol and other drugs - from liquor laws and the quirks of Missouri enforcement procedures, to figuring out the legal way to host a community movie night (who knew there were so many blackout dates for showing Disney movies?!). I've been to countless trivia nights, town hall meetings, dances, community forums, and youth retreats. As a result, I have a personally preferred magician, print shop, billboard broker, and a hook-up for cookies.

As I celebrate my five-year anniversary with NCADA this month, I realize that rooted in all my duties and activities with NCADA is the same simple motivation that steered me towards anthropology: a desire to help people better understand each other and their environments. When you can accomplish this, change is not only possible, it's practically inevitable.

Tributes & Contributions

December 2016 – January 2017

CORPORATIONS, FOUNDATIONS & ORGANIZATIONS

American Direct Marketing Resources LLC

Asure Test Inc.

Fidelity Charitable Gift Fund

Frederick Pitzman Fund

G.H. Voss Co. Inc.

Kendra Scott Jewelry, Plaza Frontenac United Way of Eastern

Fairfield County

GRANTS RECENTLY RECEIVED

Clifford Willard Gaylord Foundation Teen Institute

The Siteman Family Foundation Prevention First

Tegna Foundation Prevention First

MEMORIALS

Keith Broome

The Cotton Family Patti Dowd Tina Hunt Susan Johnson

Jeanette Lawrence Susan Westerbeck

Jerry Carey

Adele Carey Morgan Cass Diane Lavin

Mary Eisenhauer Thomas and

Janet Hoff Peter and Frances Levernez Jim and Nancy Murphy

John C. Flanery Kay Flanery

Brandt Jordan

Diane Hill Tim and Jackie Jordan

Lauren Killian

Joan Dean Jerrold and Barbara Jennings Rita Mathon

Billy Kolen

Caryn Friedman Curt and Lori Nerenberg

Joseph Middendorf

Dawn Badolato

Patricia Kelley O'Connor

Mary Heider Robert and Lois Jobe

Chris Rizos Marissun Wilds

Ellen Rose David Weil

Zack Schoenberg Jannette

Helfrich **Leah Schweiss**

Steve and Judy Merritt

Bob and Lynne

Gabe Thone

Brian Sweeney

Fred and Eda

Marilyn Bader

Varney

Terry and

TRIBUTES

Terry and

Popelka

Wesley

Tom

Haubein

Anne Hale

Herrmann

Kristen Hogan

Susan Huddart

Brian and

Benjamin

Phil and Kay

Jennifer Jones

Ken and Garie

Sandler

Roush

Perry

David and

Marilyn Bader

Jason and Janet

Piening Mary Ellen Schukai

Bill Sunderman

Jenna Besserman

Henry Watkins John and Diane Hefele

Weissman Barry and Darlene

Howard

Bikshorn Allen Shechtman

Susan Weissman

Jennifer Anania Mark and Gina Golde

Oliver and Ana Wexler

Martin Wexler Jane Young

Phil and Kay Roush

INDIVIDUALS Leonard and Audrey Adreon Veronica and Jeff Aldridge Chris and Melissa Allen Jenny and Dan Armbruster Dick and Nancy Arnoldy Terry and

Marilyn Bader James and Christina Baker Kristin Bengtson Lisa Bernstein Jeanette Bessen

Nancy Birge Libby and Steve Brim Bart and Ellen Brnjac Nicole Browning Donna and

Michael Bruner Barbara Burton Cheryl and Mark Carrier

Jov and Dennis Carter Deb and Russell Cavitt Cindy and Chris Connelly Jeanne Cordingley Brandon

Costerison Nichole Dawsey Christia and Kenny DeShields Tom and Tina Doherty Lawrence Doyle Richard and Judy Dubin

Dan Duncan and Dana Sebastian-Duncan Tom Erickson Dan and Eleanor Ferry Bobette Figler

Winnetka Fitch William Ford Thomas and Cheryl Fox Ronnie Fredman Dick Goldberg

Mark and Gina Gavle Kirsten Golde and Howard Potratz. Robert

James and Joyce and Cathy Goldsticker Kesting Richard Knight Catherine Green Msgr. Edmund Harriet and Jeff Griesedieck Kopolow Ed Koslin and Diann and Jim Fran Weintraub

Lori and Kevin

Dawn and Tony

Robert Libera

Roger Lowery

Joan Luning

Mangi

Schaefer

Brad and

Meredith

Marquardt

Martin

Emily and Joe

Leah and Kevin

Larry Manion

Stafford Manion

Chris and Terri

Tom and Jenny

Krueger

Lammert

Gross Candace and Stirling Harris Tom and Anne Herrmann Rick and Lynn

Hill Jaime and Chris Hoff Linda Holliday

Julie and Fred Hook Pam Hughes Sandy Hughes John and Susan Hussey

Jerry Kagan and Jill Golde Christopher Kallaos Howard and

Erin O'Reilly from

Coalition presents

the St. Louis

Breastfeeding

the Gold Level

"Breastfeeding

Friendly Worksite

Award" to NCADA.

Nichole Dawsey,

Mangi.)

Jane Young, Emily

(From right: O'Reilly,

Marx Elma Kanefield John and Laura Meyer Chip Miller and

Gladys Miller Robyn and Rick Morris

Martin Mraz Jenny Mullen Catie Myers

Nelson Perry and

Oexeman Peter and Meredith Perkins

Steve Player Riegert

Jon and Cynthia Rill Marge Ritchie Shane Roach Sarah Roberts

Steve and Ann Roberts Whitney Robins Andy and Stan Shanker

Bruce Shapiro and Elizabeth Guthrie Kim and Rory

Sherony Becky and Joshua Shimony Denis and Patricia Shine Jill and Al Sloan

Mark Snowden Donald Soffer Danna and Jim Squires

Alison Stambaugh NJ and Bob Sterneck Bob and Val

Taylor Doug and Sheri Tollefsen Debra Townsend

Shondrella Turner William and Candice Voegtli

Gerry and Margie Voss George and Mary Vournas

Brett Woods

Yarbrough

Young

Yuede

Zarin

Angie and Brad

Jane and George

Terry and Kim

Larry and Lisa

Stacie Zellin and

Jared Opsal

VOLUNTEERS

Peg Weathers David Weber and Valerie Tripi

Howard and Susan Weissman Karen West Kelly Wieser

Christine and Jack Williams Douglas Wood

Becky and David

Sharon Newman John and Janice

Georgia Pettus Celeste and Beth and Mike

Laura Greinier

Frankie Isaac Alida Theard

NCADA **KEY**

NCADA Certified as Breastfeeding Friendly

The Missouri Department of Health and Senior Services has designated NCADA as a Missouri Breastfeeding Friendly Worksite. NCADA joins a growing number of Missouri businesses that provide time, a private space and other benefits to support a new mother's decision to continue breastfeeding after a she returns to work.

The Pumping Station, as NCADA's private room is affectionately called, is decorated with soft watercolors, and is furnished with a comfortable chair, a table, and a small refrigerator. A lending library is also available for expecting parents.

The Pumping Station is not exclusively for employees. Women who attend trainings and community workshops at NCADA are welcome to use the room as well.

NCADA **KEY**

DATE



Non-profit Org. U.S. POSTAGE PAID ST. LOUIS, MO Permit No.1524

















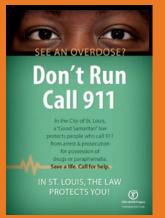








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Mass Transit Ads p. 5



