

Tributes and Contributions

JULY - DECEMBER 2020

Individuals

Leonard and Audrey Adreon
Veronica Aldridge
Dustin Allison
Hope Anne
Jenny Armbruster
Terry and Marilyn Bader
Terry Barry
Betty Bell
Kristin Bengtson
Nancy Bengtson
Libby Brim
Dr. Emily Brown and
Scott Brown
Clay Butler
Cheryl and Mark Carrier
Joy Carter
Marco and Beth Castaneda
Deb Cavitt
Lina Chavez-Hauser
Anna Coggin
Brandon Connelly
Cindy Connelly
Maribeth Cooper
Jeanne Cordingley
Ev and John Corich
Brandon Costerison
Heather Craig
Pat Crane
Elizabeth Crim
Katie Kay Dallman
Tim Daniels
Amy Davis
Nichole Dawsey
Cheryl Day
Max Dieter
Sarah Dieter
Doug and Chelle Dohrmann
Mary T. Dolan
Bobette Figler
Haja Fofana
William H. Ford
Thomas Fox
Jeff German
Prue Gershman
Courtney Giger
Lauren Giljum
Ron and Nancy Gorgen
Sunny Grauer-Young
Carl and Laura Greiner
Grace Grzywa
Robert Gulino
Kevin Hahn
John Hefe
Sandra Herrmann
Tom and Anne Herrmann
Bill Hillebrandt
Jaime Hoff
Joey Hoffman
Jessica Hogan
Julie Hook
Brian Jones
Joyce Kariuki
Tricia Keene
Alyssa Kellhofer
Angie Kohout
Brenda Kosark
Barb Krafve
Dawn Lammert
Lisa Lewis
John Lippert
Alaina Lister
Linda Thomsen
Loewenstein
F. Stafford H. Manion
Ken Manwarring

Corporations, Foundations, and Organizations

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American Direct Marketing
American Family Insurance
Dreams Foundation
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of Fidelity Charitable
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Barbara Levin
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St. Louis
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Inc.
Faith Ev. Lutheran Church
First Congregational
Church of Webster Groves
Givable
H.E.A.L. Stop Heroin, Inc.
HM Capital Management,
LLC on behalf of
Karen Gloriod
Irreco, LLC
Laborers International
Union of North America -
Laborers' Local 110
Midwest BankCentre
Modern Dope LLC
Ms. Valerie J. Snyder, MVK
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Shine Family Charitable
Giving Fund of Fidelity
Charitable
St. Louis Community
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The Foundation for
Barnes-Jewish Hospital
Tom and Trish Goldberg
Fund of the Youthbridge
Community Foundation
USA Mortgage/DAS
Acquisition Co, LLC
Wells Fargo Community
Support Campaign and
its donors

Tributes In Memory Of

Danny
Emily Lombardo
Andrew Eagles
Green Courte Partners, LLC
Jessica Glaser
Amy Cooper and
Adrienne Eagles-Mellovitz
Jack P. Hughes
Pam Hughes
Stacie Zellin



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Pivot • Broadening Support in Franklin County • Happier Hours in 2021 •
Overdose Death Disparities Widen as Pandemic Rages On • Saying Goodbye

Tributes and Contributions continued

Ariana Skujins Kinlen
Patrick and Daina Kinlen

Trey McEuen
Jacob Frank

Michael Ryan Metz
Connie Metz

Zach A. Miller
Roger D. and Rebecca J. Miller

Nathan Muich
Denise Segraves
James Volner
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Kerry Lyman and Jim Winkelmann

Susan Lord
Geri Peters

Michael Poeggemueller
Alice Aldridge-Dennis

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Kathy and Pat Crane
The Scherrer Family Fund
Jamie Zuckerman

Tom Seeger
Harriet and Jeff Kopolow
Ed Tasch

Courtney Tegethoffs
Audrey Tegethoffs

Matthew Valentine
Letah Carruthers

Nicky Vigna
Vance and Mary Vigna

Sarah Ann Weiss
Patricia Weiss

Matt Wuertz
Union Lions Club

Tributes In Honor Of
Jenny Armbruster
Katie Otto
Peggy and Roger Scheppers

Nichole Dawsey
Maggie Farrell
Mariah Milberg
Regina Hermann

Families recognized in
Remembrance Event
Tom Etling

Family member in need
Tom Etling

Wesley Haubein
Anne Hale

Mary Jo and Wally Horlacher
Paul Horlacher

Susan Huddart
Benjamin S. Sandler

Brian Jones
Doug Brown
Roger D. and Rebecca J. Miller

PreventEd Staff
Regina Hermann
Harriet and Jeff Kopolow
Arlene Miller

Kay Roush
Mary Ellen Schukai

NJ Sterneck
Janet and Jason Popelka

Jane Young
Janet and Jason Popelka

Julie Zapor
Larry and Natalie Goldman
Charitable Fund through the
Jewish Federation of St. Louis

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Missouri Department of
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GuidEd
Alpine Private Capital LLC
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U.S. Bank, Trustee
Fifth Third Bank

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Community Treatment, Inc.

Teen Institute
Clifford Willard Gaylord Foundation
Crestwood-Sunset Hills Rotary Club

Thank You to Our Sustaining Donors

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Behavioral Health
Missouri Foundation for Health
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U.S. Department of Health and
Human Services
United Way of Greater St. Louis

If you have donated and your
name does not appear in this list,
please contact Alicia Smith at
asmith@prevented.org

WINTER 2021

The newsletter of PreventEd



Overdose Death Disparities Widen as Pandemic Rages On

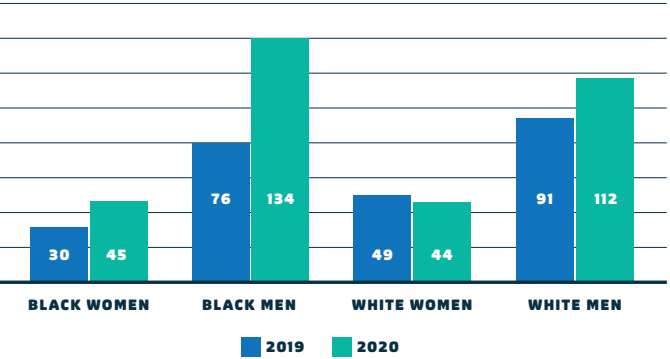


Nichole Dawsey
Executive Director

As the COVID-19 global health pandemic continues to impact every part of our lives, overdose deaths have skyrocketed. Between January 2020 and the end of June, 165 individuals in the City of St. Louis lost their lives to an overdose, representing a 36% increase from the same period in 2019. But those deaths are not impacting white and Black residents proportionally. In fact, according to preliminary data released

by the Missouri Institute for Mental Health, overdose death rates for the first half of 2020 among Black residents have increased by 54% while increasing among white residents by just 11%.

St. Louis Region Race & Sex Changes in Overdose Deaths



This alarming data begs us to do more.

At PreventEd, we are implementing strategic ways to better reach Black communities in several ways: partnering with *Williams and Associates* to distribute naloxone in high risk communities; working with local probation and parole departments and diversion offices to provide assessments and referrals; offering our adolescent early intervention program, GuidEd, at no-cost when a young person is struggling with substance use; and distributing Narcan at COVID testing sites.

But more must be done.

It is imperative that we examine the root causes and tackle the inequity further upstream. With this in mind, PreventEd is

expanding our advocacy priorities to include items that will protect the health of our *entire* community.

1. We must tear down barriers that prevent people from getting the help they need and further explore strategies that will save lives. Sample strategies include sterile syringe access and expansion of addiction medicine into the primary health care setting. Moreover, so long as individuals at high risk of witnessing or experiencing an overdose have a deep distrust of 911 responses, we must expand access to naloxone and breathing masks into churches and other community settings.

2. We must advocate for rapid implementation and full funding of Medicaid Expansion. Medicaid Expansion will increase access to affordable treatment and medication, helping to reduce the racial disparities that exist due to socio-economic and employment factors.

3. We must implement policies to ensure that those who are arrested solely on possession of a controlled substance or paraphernalia be processed and released under their own recognizance as quickly as possible. Individuals detained or jailed solely for the possession of a controlled substance or paraphernalia **do not** pose a threat to their community. However, spending time in a detainment facility dramatically increases the likelihood of contracting and then spreading COVID-19.

4. We must consider behavioral health recommendations to minimize the interruption of substance use and other mental health care before any movement of unhoused people can occur.

This is not an exhaustive list of ways to remedy the increase in overdose deaths. Rather, these are recommended next steps in a long journey to address systemic racism in our region.

The current surge in overdose deaths particularly among our Black residents is a cause for serious alarm and should serve as a wake-up call to service providers, politicians and corporations. All options must be on the table to remedy this dire situation, as every data point represented is someone's mother, father, brother, sister, cousin, or child.

Broadening Support in Franklin County

By Erica Wiley

At the end of the one year rural opioid planning grant awarded in 2019 for Franklin County, PreventEd was awarded a complementary Implementation grant to put our plans into action. We are so excited to see our goals come to fruition. Based on our collaborative planning with our Franklin County Consortium members and countywide partners over the last year, our future implementation plans include four major components:

- 1. Increasing Recovery Support Services through Certified Peer Specialists (CPS) in Franklin County,
- 2. Reducing stigma attached to having substance use disorder(s) by increasing public awareness,
- 3. Increasing training and education of educational staff, general community, and First Responders (efforts which

will increase awareness of available treatment and prevention services and resources in Franklin County).

4. Increasing training and education of medical treatment providers to increase the number of buprenorphine waived providers, thereby increasing clients/patients receiving Medication Assisted Treatment in Franklin County.

This funding opportunity not only allows us to lean further into substance use prevention and education, but also further support first responders, medical providers, and the recovery community. With the opportunities presented by this grant, we are seeking to bridge the gaps between prevention, treatment, first response, and recovery in Franklin County.

Bringing Happier Hours to 2021

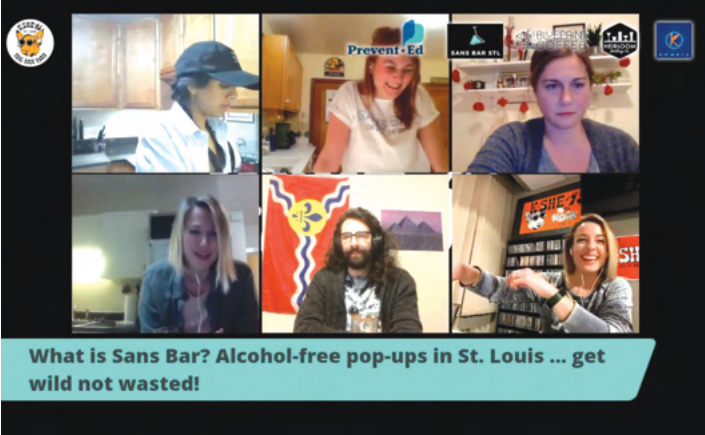
By Annie O'Donoghue

On December 4th, Sans Bar STL was the featured guest on KSHE's Honest Hour with Lern. It was a chance to shine the spotlight on two of our signature zero-proof cocktails. I created AF cocktail kits for Lern, the panelists, and two lucky KSHE listeners. This allowed everyone to make the drinks in real time, while I demonstrated how to make them.

While the drinks were amazing, the best part of the night was the conversation. We heard from folks who drink in moderation, some who choose to abstain for health reasons, and others who are in recovery from substance use disorder.

There were so many levels of cool that transpired that night. It showed that total strangers can have fun without liquid courage (we've been saying this all along!) and that conversations around the topic don't have to look a certain way. The conversation was funny, topical, educational, and candid.

It was even full of circumstances that fall under the umbrella of "it's 2020 and were in the middle of a pandemic." Lern cut all of her fruit, including a giant grapefruit with a borrowed pocket knife because all communal silverware had been removed from the station as a safety precaution. Katie Grace had continuous Zoom issues—who hasn't?! The phrase of the year was definitely "you're on mute"—as we were all 'there' via our webcams and Wi-Fi connections.



As of January, 4,500 people have had the pleasure of watching the hour-long event.

I know we helped people. And I know we showed folks that not only can you absolutely have fun without alcohol, you get to remember it the next day. We are eager to have more of these virtual "happier" hours as we like to call them. It's not too late to tune in if you missed it! Please visit our Facebook page or www.sansbarstl.com to see it for yourself. Cheers to 2021!

UPCOMING EVENTS
Please visit our website for the most up-to-date event information and registration: prevented.org/events

PIVOT

By Leah Schaefer



Since mid-march the Prevention Education department has acquired several slogans that have gotten us through the past few months. "PIVOT," "go with the flow," and "we can and we will" are just a few, yet each defines what the Prevention Education department has endured through COVID.

March 17th marked the last day educators provided programs in a "normal" classroom setting. Since then, the department has shifted to almost 100% virtual. Our educators are well versed in over 30 programs typically delivered in an in-person classroom setting. As last semester ended with schools closed and students learning virtually, we knew we needed to pivot our programs—fast.

In about 3 months, a group of educators evaluated which programs were delivered most often, and narrowed those down to 16 curricula. Each included 4-14 scripts to pivot. This was no easy feat, but before we knew it, we had virtual lessons, interactive activities, virtual surveys and books, pre-recorded activities, and even our own recording studio. Our programs had officially entered the 21st century!

Now that we had lessons ready, we needed training. Our educators are some of the best teachers I've had the privilege of working with. We have teachers from a variety of backgrounds, "Teacher of the Year" teachers, and teachers whose students write books dedicated to them. Virtual teaching, though, provided challenges and fears none of us were prepared for.

I knew that every educator would continue to be a phenomenal teacher virtually. It was getting through the discomfort of change and new technology they had to overcome so that they could do what they do best: teach.

To become more comfortable with the new technology we did dress rehearsals. Each educator picked a lesson to present to a group of peers who would act as their students. Between the "can you see my screen," "you're still on mute," and all of the cute babies and animals that made guest appearances, each educator successfully mastered teaching virtually.

As we've been in virtual classrooms for a full semester, we feel like pros, who only occasionally leave ourselves on mute. We've received glowing feedback from teachers who are thrilled we're still providing lessons to students who need them more than ever. One teacher even said it felt like our educator was in the classroom with her students and it didn't feel virtual at all.

Although each educator is chomping at the bit to get back in the classroom, our programs continue to maintain their integrity, and each educator continues to make connections with every student they work with. We will always provide quality programs, factual information regarding substances, and make lasting impressions on the students we teach, no matter the platform.

“

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UPCOMING TRAININGS
PreventEd continues to provide our regular roster of trainings virtually. For more information, visit: prevented.org/events

Saying Goodbye – A Special Thank You

In late November 2020, PreventEd lost a long-time community supporter, Dr. Evelyn Irving. Dr. Irving, a certified psychologist, was an inaugural and long-serving member of the St. Louis County Children's Service Fund Board of Directors. Dr. Irving specialized in Family & Children's Psychological Counseling and we are forever grateful for her support of our programs. We could always count on her attendance at Coalition on Addictions meetings and other PreventEd community events throughout the year. She will be missed.

SAVE THE DATE

2021 Teen Institute

June 7 – 8

Abbreviated and Online, but filled with learning opportunities and enriching experiences. More information to follow.

Board Update

PreventEd would like to give a huge thank you to outgoing Board Chair, Rebecca Nelson of Bryan Cave Leighton Paisner for her years of dedicated service and her legal expertise as we took on the rebranding challenge. Her contributions have been invaluable. Becky served on the Board for 11 years, 2 years as Board Chair. She will transition to our Emeritus Board.

Vice President, Peter D. Perkins was elected the 2021 – 2022 Board Chair at the November meeting. He has served on the Board for over 5 years and is Vice President of Operations at Aware Recovery Care. The full roster of newly elected officers for the year are:

- Vice President** – Leah Picker, PwC
- Vice President** – Brian Jones, Premier Business Brokers
- Treasurer** – David Weber, Room at the Inn
- Secretary** – Dustin Allison, Greater St. Louis, Inc.

We look forward to working with this talented group of volunteers in 2021.

2021 Helen B. Madden Award Nominations

Do you know someone who deserves recognition for exemplary work in the field of alcohol and drug misuse? If so, let us know! Please visit our website and nominate them for the 2021 Helen B. Madden Award at: prevented.org/madden



NEW YEAR, NEW LOOK
Follow along on social media to see more photos of our new updates!
@prevent_ed @PreventEdStLouis

