

What is GuidEd?

At NCADA, our name, logo, and tagline have changed to reflect our new identity, PreventEd. Our vision, mission, strategies and activities remain the same.

Are you concerned about youth substance use? GuidEd is provided to area families throughout St. Louis. This program allows youth up to age 19 to receive a substance use assessment by a counselor at NO cost. Concluding the assessment, an appropriate referral will be provided which could include, but not limited to, participation for brief intervention, a referral to substance use treatment, a private practice counselor, or other community resources. Every assessment and recommendation is individualized and we strive to develop the most fitting plan for each client.

If the adolescent is deemed a fit for this no-cost GuidEd program, they will receive brief intervention including individual substance use counseling, educational workshops, academic support, and tutoring. To be clear, this is not substance use disorder treatment, but providing additional support to youth and families through brief intervention. We believe this is a much needed service to help young people bridge the gap between having used substances and potentially needing further treatment. We know the community is currently making great strides in prevention efforts and we are working to collaborate with treatment providers in the local area to make these efforts seamless.

- **No cost to families**
- **Contact us at 314.962.3456 for an appointment**



MAIN OFFICE

9355 Olive Boulevard
St. Louis, MO 63132
314.962.3456

FRANKLIN COUNTY OFFICE

3033 Highway A, Suite 102
Washington, MO 63090
636.239.7652

Who can refer to GuidEd?

PARENTS

If there are any concerns of an adolescent's substance use, a parent can call and make an appointment. Some parents make appointments to help their adolescent access the appropriate level of care, and some are unsure of the severity of the issue and make an appointment to receive an unbiased, expert opinion of what will best benefit their child.

SCHOOL ADMINISTRATION

Many districts around St. Louis utilize this early intervention program as an alternative to more severe disciplinary action. If an adolescent violates the school policy for substance use, the school may choose to refer them to PreventEd for a substance use assessment. This allows the student to get an assessment from a professional substance use counselor and create an individualized plan of action to best help the adolescent get back on track to meet their future goals.

SCHOOL COUNSELORS/ EXTRA-CURRICULAR LEADERS

When an adolescent comes to them with concerns about substance use, disclose they are using substances, or if there are concerns about an adolescent's use, the counselor/leader can provide a referral for adolescents to access this early intervention program to help him/her get back on track.

COMMUNITY AGENCIES

If an adolescent is engaged with a community agency (legal, health, or any other services) and there are concerns about their substance use, a referral to PreventEd's assessment service allows the counselor to recommend the most appropriate referral: early intervention services, or a connection to the appropriate level of care for their substance use.